

# Health Tanzania

THIS HOLIDAY SEASON, PLEASE HELP WOMEN, CHILDREN, AND THE VERY ILL

The Tanzanian team is finally about to begin C-sections on mothers and babies in our surgical building. Thanks to the generosity of donors, 2017 has brought us ever so close to being able to operate. The anesthesia machine, cardiac monitor, surgical table and light, and air conditioning are all in place. Multiple changes and additions required by the government have been done.

Our obstetrician-gynecologist, Dr. Lulinda, and our anesthesiologist say that we only need \$4,565 to purchase the absolutely essential remaining equipment and supplies to start. We can finally request the government permission to begin surgery for C-sections only when we have these. We will still need a reliable backup generator but can use our small existing one to get started. Other important equipment and supplies can also come later. See list below for needed items.

Why the rush? We lost two women and their babies in the last year who needed C-sections. We transferred them to the overloaded Amana regional hospital where they were not able to receive prompt operations and died. This is unacceptable. Please help.



Dr. Festas Lulinda our gynecologist with a very pregnant woman.

Of course, we always need help for our AIDS orphans, our very sick home-based care patients, and our AIDS patients. A list of ways to help them is below as well.

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[www.HealthTanzania.org](http://www.HealthTanzania.org)

Email: [healthtanzania@healthtanzania.org](mailto:healthtanzania@healthtanzania.org) Tel: 703-887-1574



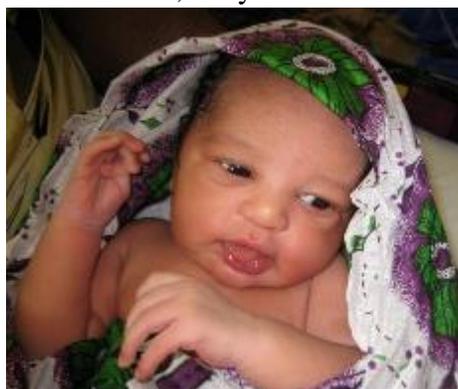
Grandmother, baby



Mother, baby



Sister, baby



More of our newborns



AIDS orphan who just started AIDS drugs, grandmother. AIDS orphans at annual party

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Pictures of some of the home based care patients.



HIV children watching cartoons during clinic day



13 year-old girl dreaming of becoming a doctor. She takes her ARVs every day so her immunity stays strong (left). Another healthy (HIV negative) baby from an infected mother (right)

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**Pick your ways to help:**

- C-sections instrument set (we need two): \$500 each
- Dressing drum (we need two): \$55 each
- Hospital beds and mattresses (we need 4): \$250 each
- Fetal doppler: \$90
- Laporatomy instrument set (we need two): \$250
- Wheelchair: \$120
- Stretcher (we need two): \$80 each
- Surgical gowns (we need 10): \$40 each
- Surgical masks (we need 5): \$38 each
- Surgical boots (we need 10): \$10 each
- Surgical caps (we need 10): \$9.50 each
- Essential anesthesia drugs and fluids: \$800
- Major generator with housing \$20,000

AIDS orphans (currently 22 primary school, 16 secondary school, 16 vocational school students)

- Primary school (uniforms, shoes, stationery, health enrollment): \$55/year
- Secondary school (uniforms, shoes, stationery, health enrollment): \$60/year
- Vocational (mechanic, IT, tailor etc.: course cost, materials, health enrollment): \$140/year

Home-based care patient (currently 25)

- \$30 dollars/year for food, medicine

AIDS patient

- \$2.50 a visit

**Please help the wonderful people in Tanzania**



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**Health Tanzania Foundation**

Health Tanzania Foundation, a U.S. tax-exempt 501(c)(3) charity (EIN 45-5468617), was established in 2012, building on Tanzanian partnerships Drs. Henry and Priscilla Ziegler began in 2005. Health Tanzania Foundation raises money to help needy Tanzanians, especially women and children, and actively works with Tanzanian partners, strengthening Tanzanian leaders and systems to create sustainable health improvements. In a time of division and distrust, Health Tanzania pulls everyone together to help those most in need.

Health Tanzania Foundation's geographic target has been urban poor and rural poor on Tanzania's east coast. Programs include community building, prevention and medical care focused on women and children, substance abuse, violence, and AIDS. Key partners include: (1) the Anglican Diocese of Dar es Salaam health program; (2) local, regional and national Tanzanian health leaders; (3) Faith in Action-Tanzania, an interfaith Tanzanian non-profit.

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